

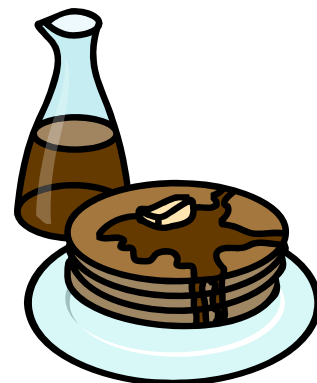
ROCHESTER CELIAC SUPPORT GROUP
 INVITES YOU TO ATTEND
 A GLUTEN FREE PANCAKE BREAKFAST
 SATURDAY MARCH 20, 2010

SERVING AT 9:00 AM ~~AND 10:00 AM~~ (Full)

Clarkson Community Church
 8339 Ridge Rd W
 Brockport, NY 14420
 Near the corner of Rt 104 and Rt 19 in Brockport

The event is free, but donations will be accepted to cover costs and support GIG
Reservations are required

MENU
 Pancakes
 (Mix donated by Mr. Ritts (www.mrritts.org)
 Syrup donated by Lori's (www.lorinatural.com)
 Quiche and other Egg Casseroles
 Fruit
 Breakfast Meat
 Home Fries
 Juice, Coffee, Tea
 Feel Free to Bring a Dish to Pass



Volunteers are needed to help, with Set up the evening before, set up and cooking during the breakfast, and clean up after the breakfast.

Names of those attending		Phone:	
Number Attending		Time:	<input type="checkbox"/> 9:00 <input type="checkbox"/> 10:00
E-Mail Address for contact person			
<input type="checkbox"/> Yes, I would like to volunteer	Friday Setup	<input type="checkbox"/>	
	Saturday Setup and prep	<input type="checkbox"/>	
	Saturday cooking at 9:00	<input type="checkbox"/>	
	Saturday cooking at 10:00	<input type="checkbox"/>	
	Saturday Clean Up	<input type="checkbox"/>	
<input type="checkbox"/> I Plan to bring the following dish to pass (voluntary)			

If you are interested in attending please fill out the attached form and mail the form to RCSG, PO Box 813; Fairport, NY 14450, I will also pick up forms at the February and March RCSG meetings, or fill out on-line and submit through the website www.rochesterceliacs.org. Contact Kathy Oaks if you have any questions.