

2010 MEETING SCHEDULE

Meetings begin at 7 pm.

New member orientation is at 6:30 pm, just prior to each monthly meeting.

Date	<i>Monthly Meeting Topic</i> Speaker	Meeting Location
Wednesday January 20	<i>Review of 2009 CSA Conference</i> Marlene Kier	Brighton Reformed Church <i>Fellowship Lodge</i> 805 Blossom Rd Rochester, NY 14610
Wednesday February 17	<i>Living Gluten-Free with Wegmans</i> Trish Kazacos, RD, Wegmans Food Markets	
Wednesday March 17	<i>A Review of the Latest in Celiac Research and the Importance of Whole Grains in a Gluten-Free Diet</i> Anne Lee, RD, Schar Foods	
Wednesday April 21	<i>The Gluten-Free Diet</i> Erin Harner, MS, CHC	
Wednesday May 19	<i>Annual Gluten-Free Auction</i> <i>A Fundraiser to Support RCSG Operating Costs and Awareness Efforts</i>	
Wednesday June 16	<i>Gluten-Free Cooking Class</i> Kathy Oaks	
Tuesday July 20	<i>Review of 2010 GIG Conference</i> Cassandra Coffey	Saint Anne Church <i>Social Hall</i> 1600 Mount Hope Ave Rochester, NY 14620
Tuesday August 17	<i>A History of the Rochester Celiac Support Group</i> Karen Meyers, Marlene Kier, and Carol Becker	
Tuesday September 21	<i>Family Picnic</i> (NOTE: Picnic will begin at 6 pm)	
Tuesday October 19	<i>How to Read a Label for a Gluten-Free Diet</i> Joel Elias, PhD	
Tuesday November 16	<i>Gluten-Free Holidays: How to Maintain a Gluten-Free Diet While Attending Social and Family Functions</i> Panel Discussion	
Tuesday December 21	<i>Holiday Cookie Exchange</i>	

2010 SPECIAL EVENTS

Date	Event	Location
Saturday, March 20	<i>Pancake Breakfast</i>	Clarkson Community Church, Brockport
Saturday, June 12	<i>9th Annual Walk for Celiac Disease</i>	Oliver Middle School, Brockport Central School District Campus
Friday, August 6	<i>Celiac Awareness Day</i> <i>at Frontier Field with the Red Wings</i> <i>*Fireworks immediately following the game</i>	Frontier Field
Tuesday, Oct 5	<i>Gluten-Free Chinese Dinner</i>	Golden Phoenix Chinese Restaurant